

FAST FACTS 2023

Pace envisions a world where all girls have POWER, in a JUST and EQUITABLE society.

Pace Center for Girls provides a safe and supportive environment for girls to build healthy relationships, plan for their future and overcome histories of trauma. All girls, regardless of their background, deserve an opportunity to become strong, compassionate and successful women. When properly supported, all girls have the power to achieve their vision of success, which leads to positive outcomes for themselves, their families and communities.



3,000+ girls cared for each year



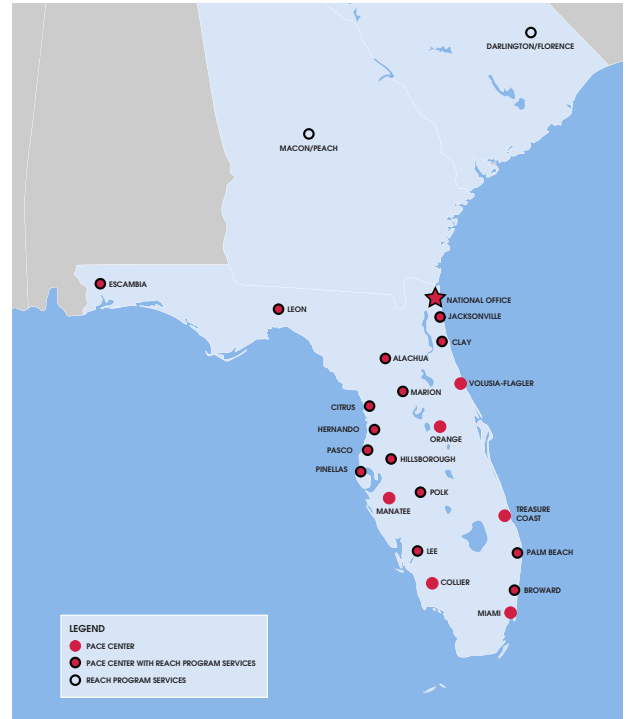
40,000+ girls served since 1985



23 Communities across Florida, Georgia and South Carolina



17 Reach locations across Florida, Georgia and South Carolina



SANDRA

Before coming to Pace, I struggled with focusing on my goals. I struggled with life’s stress, and how I coped was harmful mentally and physically; I felt very lost and alone. Since coming to Pace, I have grown so much. Pace has taught me that I am worthy and that my happiness and well-being are as important as anyone else’s. Our teachers are attentive to what makes me unique and have helped me learn to advocate for myself. Being a Pace girl to me means being confident and knowing my self-worth.



Pace Center for Girls, Polk

Ellen Katzman, ACSW | EXECUTIVE DIRECTOR

Center Day Program

Pace's center based, day program provides year-round education, counseling and life skills training for a comprehensive and individualized experience for middle and high school aged girls.

**126 Girls Served
FY 2022**

BEFORE PACE

9 in 10



Were **failing** school six months prior to attending Pace

9 in 10



Demonstrated behaviors related to **juvenile delinquency**

9 in 10



Were **disengaged** in school and community life

AS A RESULT OF PACE

9 in 10



Improved academically
*Measured by Florida STAR testing

3 in 4



Strengthened or maintained **self-efficacy**, the belief that you can succeed

9 in 10



Are **engaged** in their community, measured by being enrolled in school, higher education, or employment

Reach Program Services

Pace Reach is a therapeutic and counseling program offering social, emotional, and behavioral health and support services for girls ages 11-17 and their families. Reach therapists provide services in their home, school, community or online.

**55 Girls Served
FY 2022**

BEFORE PACE

7 in 10



Were feeling **sad or hopeless**, including thoughts of self-harm

7 in 10



Were **disengaged** in school and community life

AS A RESULT OF PACE

8 in 10



Improved healthy social relationships with peers and family members

9 in 10



Are **engaged** in their community, measured by an increase in healthy behaviors

"Pace Polk provides a safe space where girls feel like they matter. Pace works to provide emotional security, mental and physical well-being and prepares young girls for success. The staff focuses on positive affirmation and advocacy to build empowered women with strong voices ready to face the future. Our community is fortunate to have an organization of this caliber to support our youth."

- Michael Beckham, Board of Directors Co-Chair,
Lakeland Electric's Interim General Manager

